

LIGHT + QUICK

HOUSE MADE CROISSANTS	16
(1) butter and (1) chocolate almond	
CHICKEN + APPLE SAUSAGE (1)	8.5
pea tendrils, radish, spicy ketchup	
SEASONAL FRUIT + GRANOLA + YOGURT ◊	19
melons, fresh berries, vanilla yogurt	
TRIPLE BERRY BLAST SMOOTHIE ◊	12
strawberry, blackberry, blueberry, dates, vanilla greek yogurt	
<i>add 20g PROTEIN +\$4</i>	
GREEN GIANT SMOOTHIE ◊	12
kale, spinach, oat milk, chia seeds, pineapple	
<i>add 20g PROTEIN +\$4</i>	
VERY BERRY DELIGHT OATMEAL ◊	18
vanilla yogurt, roasted almonds, blueberries, maple syrup	
EGG, BACON & TOAST BREAKFAST	22
2 soft scramble free-run eggs, chives	
2 hickory smoked bacon, 2 toast	
<i>*Chef's Signature - no modifications/no substitutions</i>	

SIDES

(1) EGG ANY STYLE	5
TOAST	7
butter, jam, honey	
PROTEIN	8
maple pepper bacon (3)	
pork sausage (3)	
CRISPY CRUSHED POTATO	8
SAUTEED MUSHROOM	8
SIDE HOLLANDAISE	3
YOGURT	6
plain or flavoured	
CEREAL	8
choice + milk	
FRUIT PLATE	16
MIX BERRY BOWL	12
½ AVOCADO	6
SLICED TOMATO	6

◊ **Heart Smart Options:** 500 calories or less

CLASSICS

SHOWCASE CLASSIC	30
anystyle 2 free run eggs, maple pepper bacon, farmer pork sausage	
choice of toast, crispy crushed potatoes	
TRADITIONAL EGGS BENNY	30
2 free run eggs, poached medium, back bacon, english muffin	
citrus hollandaise, chive, crispy crushed potatoes	
<i>substitute smoked salmon & spinach</i>	+4
HERBS & PARMESAN OMELETTE	28
3 eggs, green onion, dill, italian parsley, grana padano	
berries, artisan salad	

SIGNATURES

EGGS + AVOCADO TOAST ◊	30
2 medium poached free run eggs, tomato, avocado, hemp seed	
baby lettuce, pickled red onion, green goddess, evoo	
BRIOCHE FRENCH TOAST	28
thick cut brioche, berries, poppy seed crumble	
PRAWNS + EGGS FRITATTA	32
3 prawns, 2 free run eggs, petite herbs, new potato	
charred tomato, pickled red onion, hollandaise	
COLD SMOKED SALMON + BAGEL + EGG	28
jammy boiled egg, capers, pickled red onion, bread + butter pickles	
radish, pea tendrils, fresh lemon, herb cream cheese, petite greens	
PROTEIN BREAKFAST WRAP ◊	28
packed with 62g, scrambled eggs, chicken breast, hemp seed	
pumpkin seedcheddar, spinach, pico de gallo, calabrian aioli	
flour tortilla, crispy crushed potatoes	
WEST COAST SANDWICH	28
fried medium eggs, back bacon, arugula, tomato	
caramelized onion, mayo, chimichurri, pickled red onion	
house cheese toast, crispy crushed potatoes	

SPECIALTY NESPRESSO COFFEE

ESPRESSO	7
AMERICANO	7
LATTE	8
CAPPUCCINO	8
MACCHIATO	8
ICED MACCHIATO	8

BEVERAGES

FRESH BREWED STARBUCKS COFFEE	6
JUICE	8
ORANGE, GRAPEFRUIT, APPLE	
ORGANIC TEAS	7
LARGE SAN PELLEGRINO	10
SMALL SAN PELLEGRINO	7