

Classics

- Good Start Buffet** 20
Oatmeal, assorted cold cereal, bircher muesli, house made granola, fresh fruit, assorted deli meats and cheeses, cottage cheese, fruit yogurt, and wide selection of bakery items. Includes juice and coffee
- All Canadian Buffet** 23
The Good Start Buffet PLUS eggs prepared by our Omelet Chef, selection of breakfast meats, waffles, and breakfast potatoes. Includes juice and coffee
- All Canadian Breakfast** 15
Two eggs your way, choice of bacon, ham, pork sausage, breakfast potato, choice of toast. Includes coffee
- Good Start Breakfast** 13
Choice of oatmeal, cold cereal, or bircher muesli with fresh berries and skim milk, choice of toast. Includes coffee

3-Egg Omelets

- Ham & Cheddar Omelet** 15
Three farm fresh eggs, ham, mushrooms and cheddar cheese, breakfast potato, choice of toast
- Smoked Salmon Omelet** 16
Three eggs, smoked salmon, asparagus, brie, breakfast potato, choice of toast



- Steak and Eggs [carb conscious]** 16
Two eggs your way, flat iron steak, spinach, roasted tomato
- Large Flake Irish Oatmeal [low cholesterol]** 6
Warm milk, soft brown sugar
...add fresh berries 3
- Yogurt Granola Parfait [low fat]** 7
Layers of house made granola, vanilla yogurt, fresh berries

Beverages

- Fresh Orange Juice** 5
- Starbucks Coffee, Decaffeinated** 4
- Latté, Cappuccino, Espresso** 5
- Grapefruit, Apple, Cranberry, Tomato or Prune Juice** 4
- Milk, Chocolate Milk** 4
- Smoothie daily flavors made with low fat yogurt and skim milk** 7



These items have been selected to meet the diverse needs of our guests. Your server will be happy to answer any questions.



We are proudly supporting Children's Miracle Network with a \$1.00 donation with every breakfast buffet sold.

Signatures

- Breakfast BLT** 13
Sourdough, bacon, egg, lettuce, tomato, mayonnaise, hash browns
- Pacific Crab Cake Benedict** 17
Two crab cakes on a bed of sautéed spinach, two poached eggs, lemon hollandaise, breakfast potato, choice of toast
- House Smoked Meat Hash** 16
House smoked meat, onions, peppers, mushrooms, potato, two poached eggs, hollandaise sauce, choice of toast

Specialties

- Classic Egg Benedict** 16
Toasted English muffin, two poached eggs, Canadian bacon, hollandaise, breakfast potatoes
- Buttermilk Pancake Stack** 13
Three fluffy pancakes served with warm maple syrup, whipped butter
...add bananas, strawberries or chocolate 3
- Chorizo and Eggs** 14
Chorizo sausage, scrambled eggs, tomato, sour cream, cheddar cheese, breakfast potato, choice of toast
- Cinnamon Raisin French Toast** 12
Cinnamon raisin brioche, toasted almond, maple syrup
...add bananas or strawberries 3
- Heirloom Tomato & Eggs** 13
Two poached eggs, sliced heirloom tomatoes, crumbled feta, torn basil, choice of toast
- Continental** 13
Fresh fruit plate, your choice of muffin, Danish, croissant, or toast. Includes coffee.
- Smoked Salmon Plate** 12
House smoked salmon, sliced tomato, lemon, capers, red onion, cream cheese, choice of bagel

Etc.

- Breakfast Meat** 5
Bacon, pork sausage, Canadian bacon, grilled ham
- Breakfast Sides** 3
Breakfast potato, sautéed mushrooms, fresh sliced tomato
- Fresh Fruit Plate** 6
- Danish, Croissant, Muffin or Choice of Toast** 4
- Toasted Bagel with Cream Cheese** 5
- Swiss Bircher Muesli** 6
- Selection of Cereals or House made Granola** 5
- Plain or Fruit Yogurt** 4
- Cottage Cheese** 4